

**MAROUBRA  
NIPPERS**



# **Maroubra SLSC Nippers**

**Information Booklet**

**2011 / 2012**

**Season**



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[Up-to-date Nippers Calender can be found on the Nippers website.](#)



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## **JUNIOR ACTIVITIES MISSION STATEMENT**

Enrich the lives of our children through fun, participation and commitment to surf education and training in a surf aquatic environment.

We aim to develop our Nippers into the best possible Surf Life Savers of the future: we will recognise diversity of individual kids and foster all children in the Surf Life Saving environment, encouraging our children to complete the relevant Surf Life Saving Association age awards and participate in surf training and carnivals to further hone their skills.

Our club will be recognised as a family club and will have a close relationship between nippers, seniors and our supporters.

## **OUR AIM**

To provide the best possible Life Saving and Surf Sports experience for all junior surf lifesavers, preparing them for their eventual transition to adult life in a functional Surf Club providing the community with a safe beach to enjoy.

## **BENEFITS OF SURF LIFESAVING**

- Learn how to enjoy the beach in a safe manner.
- Learn how to help others to safely participate in the ocean.
- Promotion of physical growth, development and health together with social interaction and a sense of belonging.
- Gain a sense of personal satisfaction gained from their experience of excitement and personal challenge.
- Invaluable life skills in first aid and resuscitation techniques
- Learn to support and respect our ocean environment

## **OUR VALUES**

**Participation**

**Commitment**

**Enjoyment**

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## Welcome

I would like to extend a very warm welcome to all Nippers and their families to what promises to be another fine season at Maroubra.

This year will mark the beginning of the committee implementing structured changes in Maroubra Nippers. These changes will be introduced over the next five years and with assistance from the Senior Club will create a greater organisation for children to acquire new skills, increase their competitive awareness and ability with a focus of continuing the transition to the Senior Club and effectively patrolling our beach. We have a close relationship with the Senior club and the proposed ideas and commitment from senior & junior committee's to commence these changes will see this continue with even greater success to our club.

The Nipper movement is about induction, education, awareness, competition, sportsmanship and transition but most importantly it is about participation and fun for children & parents. We will be hosting events this year that will see families invited to participate and enjoy Nippers movement as a family unit.

Throughout their junior development, surf knowledge and techniques are gradually introduced to the children in relation to their age and ability, ultimately at the age of 13, they can attain their Surf Rescue Certificate (SRC)

Our program has been developed to encompass Maroubra Nippers values in line with our Mission and in accordance with Surf Life Saving Australia's guidelines.

Again, welcome to those returning members and to those new members for the upcoming 2011/12 season, don't be afraid to offer help or proffer advice that you think we benefit the Nippers.

I would also like to make mention of our long term Gold sponsors: NG Farah Real Estate and Auspak Financial Services, who show invaluable commitment to Maroubra Nippers and our community. Maroubra Nippers welcomes this year an additional Gold sponsor "Eastern Beaches Liquor Accord". This is a collective group of local clubs and pubs in our area that have several objective's including the reduction of under age drinking, reducing anti social behaviour and alcohol related violence in our area. We continue to have many local business's that support Maroubra Nippers through financial donations and donations of goods & services. We ask you support the business's that support your children through our movement

Finally all the information you require about Maroubra Nippers is covered in this booklet and on our new website [www.maroubranippers.com.au](http://www.maroubranippers.com.au). We commissioned the development of the new site this year to make the site more appealing and more functional for the parents and children. I believe our new site will be of great benefit to all those who visit it as it will encompass a bright and expansive new direction that Maroubra Nippers is heading. If you require further information, please feel free to ask any Committee member.

Danny Donohoe  
Director Junior Development

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## **Registration**

Registration days for Maroubra Nippers are:

Sunday 11<sup>th</sup> September 9am – 12pm  
Sunday 18<sup>th</sup> September 9am – 12pm

U8's and above must complete a proficiency swim at the Seals Club Pool before proceeding to the Surf club for registration. Please remember cossie, goggles and towel. Pool swims will finish at 11am.

New members must bring a copy of proof of age document e.g. Birth certificate or passport.

Fees for 2011/2012 Season:	One Child:	\$110
	Two Children:	\$160
	Three Children:	\$ 200
	Fourth and subsequent Children:	\$ 40 per child.

Payment is by Cheque or Cash only.

Registration forms for existing members will be prefilled and emailed to you before registration. Please print, check details and bring with you to registration. New members can download a registration form from the website – there will be some blanks available on the day.

Late registrations may also be accepted on the first day of Nippers 16<sup>th</sup> October 2011 however a \$20 late administration fee will apply.

Numbers will be capped this year to ensure Maroubra Nippers receive the best commitment to learning from our Age Managers this season.

**First Day of Nippers - Sunday 16<sup>th</sup> October 2011**

**Last Day of Nippers – Sunday 18<sup>th</sup> March 2012**

## **Terms & Conditions**

For registrations in the 2011-2012 season there is a 7 day cooling off period from 16<sup>th</sup> – 23<sup>rd</sup> October where a 75% refund may be applied to the individual member. A 50% refund is available until 13<sup>th</sup> November to cover special circumstances which prevent a child from continuing in Nippers, please note that a Doctors Certificate will be required. The full & final decision will be at the discretion of Director of Junior Development in consultation with the Nippers Committee. After this date there is **NO REFUNDS, NO EXCEPTIONS.**



## Age Groups

Nippers age group is determined by age on 30<sup>th</sup> September 2011 at midnight e.g. if your child is 11 on 30<sup>th</sup> September 2011, they are classed as being in the under 12 age group. Children must be 5 years on this date to start Nippers.

Age Group	Cap colour	Date of birth
Under 6	Red	01 October 2005 to 30 September 2006
Under 7	Lime Green	01 October 2004 to 30 September 2005
Under 8	White	01 October 2003 to 30 September 2004
Under 9	Turquoise	01 October 2002 to 30 September 2003
Under 10	Dark Blue	01 October 2001 to 30 September 2002
Under 11	Black	01 October 2000 to 30 September 2001
Under 12	Purple	01 October 1999 to 30 September 2000
Under 13	Dark Green	01 October 1998 to 30 September 1999
Under 14	Yellow	01 October 1997 to 30 September 1998

## Photo Policy

Maroubra Surf Life Saving Club has an images policy to ensure that a high level of care is exercised with photo images, particularly of junior members. This policy is to mitigate the risk that photos of member are not misused and/or altered for inappropriate purposes. All third party photographers must complete an Authority to Photograph form which is approved by the Maroubra Surf Club Board of Management.

Maroubra Nippers would like to use photographs of you or your child in its communication activities and in material for the purpose of promoting the club. At registration we will ask for an Authority to Publish Images form for all Nipper children for this purpose. All parents are asked to complete this form and return it as part of your child's registration process

If you wish to take photos of your child's group during Nippers activities, please first speak to your Age Manager to ensure that there is no objection from other parents.

If as a parent you feel a photographer is being intrusive or out of place PLEASE let your age manager know immediately.

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## **U14 Age Group – “Maroubra Rookies”**

Maroubra Nippers in conjunction with the Maroubra Surf Lifesaving Club is proud to be launching a comprehensive Under 14 program in the 2011/2012 season to train our junior lifesavers and successfully transition them into the senior club.

The program will be conducted during the Maroubra Nippers season mostly on Sunday mornings to fit in with the Maroubra Nippers events. The program includes:

- Training for the Surf Rescue Certificate
- Training for the Radio Certificate
- Special opportunities to develop team and leadership skills
- Assisted transition into the senior club and joining a patrol
- Special opportunities to experience and visit other parts of the surf lifesaving organisation: Helicopter Base & Off Shore Rescue Boats
- Assisting and mentoring of children in younger age groups
- Reward and recognition for commitment & diligence to the final year of Nippers

Enrolment for “rookies” is through Nippers registration, into the U 14 group with costs of SRC and other awards covered by Maroubra Nippers fees. In addition U 14’s will receive an entry “keytag” to the senior club, a “rookie” summer hoodie and parting gift from Maroubra Nippers when the season is completed.

## **Club Captains**

The U14’s will be asked to nominate candidates from their age group for the position of Club Captains. These positions will be appointed by the committee after an interview process with the Junior Development Committee.

The committee is looking for candidates who can act as a role model for the club and the younger members and have showed leadership qualities and commitment to the club and its values.



## Surf Education and Age group Proficiencies

Surf education is an important part of Nippers and is based on a clearly defined structure and outcomes, as set by SLSA, to aid the children's life saving development. During the season all Nippers are able to gain their respective Surf Education award for their age group. Age Manager's will be teaching children to gain these awards

Before a child can participate in any Nippers event, they must complete the Preliminary Skills Evaluation. This proficiency is carried out on registration days at the Seals club. Other opportunities will be arranged early in the season by special arrangement.

To maintain safety and life-saving standards, Surf Life Saving Australia has set a minimum standard of proficiency that Nipper members must achieve before being eligible to compete in carnivals. Children will be given the opportunity to complete this Competition Skills Evaluation during the first few weeks of Nippers.

Age Group	Preliminary Skills Evaluation	Competition Skills Evaluation	Surf Education
Under 6	Nil	Nil	Surf Play One
Under 7	Nil	Nil	Surf Play Two
Under 8	25 m swim (any stroke) 1 minute float	Nil	Surf Aware One
Under 9	25 m swim (any stroke) 1 minute float	Minimum 150 m open water swim	Surf Aware Two
Under 10	25 m swim (freestyle) 1.5 minute float	Minimum 150 m open water swim	Surf Safe One
Under 11	50 m swim (freestyle) 2 minute float	Minimum 288 m open water swim	Surf Safe Two CPR Certificate
Under 12	100 m swim (freestyle) 2 minute float	Minimum 288 m open water swim	Surf Smart One CPR and Basic Emergency Care
Under 13	150 m swim (freestyle) 3 minute float	Minimum 288 m open water swim	Surf Smart Two CPR and Basis Emergency Care (if not already achieved)
Under 14	200 m swim (freestyle, in less than 5 minutes) 3 minute float	Minimum 288 m open water swim	SRC
Notes		This must be completed before being able to compete at carnivals	The relevant age Surf Education award must be completed each year prior to 31/12. 80% attendance required.

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## **Sunday Organisation / Activities**

A PARENT OR GUARDIAN IS REQUIRED TO BE AT THE BEACH AT ALL TIMES DURING NIPPERS. MAROUBRA NIPPERS IS NOT A CHILD MINDING SERVICE.

What to wear / bring:

- Nipper coloured cap with their name clearly marked on the Age Group colour side.
- Club swimming costume recommended.
- Sunscreen applied before Nippers starts.
- Goggles (recommended for swim events).
- Rash shirt / racing singlet for board events.
- Rash shirt or racing singlet for swim, please make sure it is a tight fitting one. If we consider a piece of clothing inappropriate and dangerous for the swim, we will ask the child to remove it before entering the water.

To enable Nippers to run smoothly on Sundays please take note of the following:

- Nippers commences at 9am sharp. Children assemble behind their age group signs at 8:45 am so that the Age Managers can mark the roll.
- Nippers normally concludes at approx. 10am for U6, 7 and 8 age groups and approx. 10:30am for U9's and above.
- At the conclusion of events, your child should be collected by a responsible adult from their Age Manager and their name checked off the roll. Children should then remove their Nipper cap.

The order of events will be in accordance with the Age Group roster. Wade and water event locations will be decided on the day according to water conditions.

Our events will still be conducted on wet days, but may be modified to suit the conditions. The decision to cancel due to adverse weather conditions or other unforeseeable events will usually be made on the day and a SMS message sent out as soon as possible.



## Board Proficiency

In the interest in safety, all U9's and new members in older age groups will need to pass a board proficiency assessment prior to being able to take part in board events on Sunday mornings at Maroubra. This assessment requires the children to attend 4 board training sessions and show a basic level of competency on the board. To facilitate this, U9's will spend the first 2 Sundays of the season at Malabar beach. They will need to attend 2 other board training sessions as detailed in the training section. Children will be awarded a Certificate on the completion of this assessment.

## Supervision of children

- Age Managers are responsible for supervising and guiding children in their age group through each Sunday's program. All care is taken.
- Child protection legislation requirements are met.
- Participation of children is encouraged but not compulsory – some children choose not to participate.
- Refer to the website for the list of Age Managers.
- A parent or guardian must remain at the beach at all times during nippers and children will be only released by the Age Manager to a responsible adult.

## Beach Set-up / Clean-up /BBQ

Nippers is a voluntary organisation, run by parents. There is a roster system for the parents of each age group to help with beach set-up, clean-up and running the BBQ – each age group has **only one Sunday morning in the whole season**. We need the efforts of all parents and encourage everyone to lend a hand whenever possible – many hands make light work. Summary of help required:

Beach Set-up:	Starts at 8:15am and requires minimum of 4 helpers. Putting up BBQ tent and setting up BBQ's and tables. Putting out age group boxes, age signs and beach flags. Setup drinks/ice Finish at approx. 8:45am
BBQ:	Starting at 8:15am and requires minimum of 4 helpers. Cutting rolls. Help with BBQ and serving. Finish at 11am
Beach Clean-up:	Starts around 10:30am and requires minimum of 4 helpers. Ensure boards are washed and put away. Putting beach flags, age group boxes etc away. Putting drinks, BBQ's, tables and BBQ tent away. Finish at approx. 11am



Age Managers will take a roll call on the roster day. If insufficient helpers turn up for an age group then there will be no nippers activities for that age group on that day. The roster is listed on the Maroubra Nippers Calendar 2011-2012 and reminders will be sent by SMS.

## Special Events

Maroubra Nippers will hold some special events during the season. These will be announced in weekly newsletters, on the website and through the Age Manager.

## Training

Maroubra offers additional training for interested members. All children must wear their Nippers cap to training sessions. Parents or guardians must stay at the beach during these sessions. Please arrive at least 10 minutes before the training starts to pick up a board, sign onto attendance sheet and allow groups to be allocated in line with water safety ratio requirements. Due to strict water safety ratio requirements it is not always possible to accommodate late arrivals. The water training sessions are:

### 1. **Saturday 10am to 11am at La Perouse – Starting Sat 22<sup>nd</sup> October.**

**Beginners:** This training is for U9's and new Nipper members in older age groups to introduce board paddling and improve confidence and skills in surf swimming in a calm water environment. This session is particularly useful for children who are intimidated by the bigger surf at Maroubra. This training counts towards the Board Proficiency Assessment. U8's may attend this training from November onwards.

**Competition:** This training is for competent board paddlers to improve their endurance and speed.

### 2. **Tuesday and Thursday 4:30 – 5:30 pm at Maroubra Beach – starting Tues 25<sup>th</sup> October.**

**Beginners:** This is suitable for all beginners (U9 and above) to improve their board and swim skills in a surf environment. Emphasis is on developing skills to get over waves and children will usually stay within the break zone, depending on conditions. This training will be conducted on foam boards. This training counts towards the Board Proficiency Assessment.

**Confidence building / Competition:** This session is for children who are capable of moving through the break zone unassisted and have completed the Competition Skills Evaluation.

Please note that group determination will depend on surf conditions on the day and is at the discretion of the trainers.



### 3. Sunday 7:30 am Maroubra Beach

**Competition:** This training is taken by an accredited coach under user pays arrangement. It focuses on board skills development for competition and is suitable for all levels (U9 and above) who are interested in taking part in Carnivals. All children must have completed their Competition Skills Evaluation.

### Equipment Rules

- Look after it.
- Put it back clean (hose the sand off)
- Put it back in its proper place.
- Boards should be carried not dragged to the start area.
- Boards set aside as competition boards are to be used only for competition and competition training.
- Sign out boards if taking to Carnivals.
- Report any damage to gear steward for repair
- Do not stand up on boards or kneel on foam boards.

Foam boards: Under 9 and Under 10's and for all beginners board training.

Fibreglass boards: Under 11 to 13's.

Long boards: Under 14's.

### Carnivals

There are a number of inter-club carnivals conducted during the season for **age groups U8 and above**. **We encourage any Nipper who wants to have a go to do so!**

Please refer to the website for an up-to-date list with dates, times, events at each carnival and registration requirements. The current list is:

Cronulla Carnival	Saturday 19 <sup>th</sup> November 2011
Randwick Shield	Sunday 20 <sup>th</sup> November 2011
South Maroubra	Saturday 3 <sup>rd</sup> December 2011
Branch Carnival	Sunday 12 <sup>th</sup> February 2012
State Carnival	Fri 2 <sup>nd</sup> – Sun 4 <sup>th</sup> March at Kingscliff



Competing at Carnivals is open to all interested children who have completed their Competition Skills Evaluation and Age Award requirements by 31 Dec 2011. Please be aware that U9's and above, due to time tabling of events, normally need to decide between water or beach events.

Children must be registered in advance for Carnival entry (some will accept entries on the day) with a small registration fee required. Please notify your Age Manager if you are interested in entering a carnival. Attendance at training is recommended for all attending carnivals.

Club costume and Nippers caps (turned round into Maroubra colours) must be worn at all carnivals.

The Sydney Water Premiership Series are run by the Illawarra Branch but entry is open to clubs from other branches for age groups U8's and above. The dates for these carnivals are:

Round 1	Saturday 29 <sup>th</sup> October
Round 2	Saturday 5 <sup>th</sup> November
Round 3	Saturday 26 <sup>th</sup> November

Please contact the Carnival coordinator if you are interested in attending this carnival series.

There are 3 special Carnivals:

1. **Randwick Shield**

This is a friendly annual inter-club Carnival between the Randwick council Nipper clubs (Maroubra, South Maroubra, Coogee and Clovelly). All children are encouraged to attend from U8's and above – you do not need to have completed the Competition Skills evaluation to take part in this Carnival. This Carnival is run on a normal Nippers day and finishes around 11am.

2. **Branch Carnival**

This is an annual Carnival for all Nipper clubs in the Sydney Branch. All children who have completed their Competition Skills Assessment are encouraged to attend this event which is held on a normal Nippers day. It normally runs from 7:30 am to 1pm depending on conditions.

3. **State Championship**

The State Championship is open to all clubs in NSW. Maroubra Nippers does not select competitors for this event but please be aware it is a very competitive environment. This is a 3 day carnival and requires an early commitment to organise transport, accommodation, uniforms, water safety and official numbers and registration. This event, requirements, costs and location will be advertised on the website and weekly newsletter. In 2012, the State Championship will be held in Kingscliff, Northern NSW.



## What to bring?

Please refer to the attached **Nippers Carnival Guide** for what to bring and do when attending Nippers carnivals. A copy of this Guide can be found on the website and attached to this book.

## Team Selection

Everyone is encouraged to compete on an individual basis: however, the strongest competitors are generally selected for team events. The criteria for team selection are:

- Entered into specific carnival in individual events.
- Performance at Championship days.
- Performance at previous carnivals.
- Performance at Nippers.
- Attendance at Nippers
- Attendance at training.

Age Managers will select teams and inform participants prior to the event. In the event of any disputes, the issue will be raised to the Selection/Dispute Committee, which consists of the Director of Junior Development, training co-ordinator and 2 committee members who do not have a child in that age group. Their decision will be final

Please note that changes to teams are sometimes required on the day due to no-show of team members, water conditions, injuries, fatigue etc. This decision will be made by the relevant Age manager in discussion with the Team Manager and relevant people informed as soon as possible. We understand that this can lead to disappointment but this only happens in circumstances outside our control. If your child is in a team event, please inform the Age Manager or Team Manager as soon as possible if your child is no longer able to attend the carnival.

## Officials

As part of Carnival requirements, our club must provide an official for every 10 competitors registered (this includes Branch and State carnivals). If we do not have enough Officials, we will have to restrict the numbers who can attend – preference would then be given to children with a parent helping as an Official, Age Manager or water Safety. We do not want to do this!

Becoming an official is a great way to become involved as a parent and have a good vantage point of the competition (you can be an official in the area for your child's age group).

To become an official you must attend a 1 day Officials course, which explains the various competition arenas and rules associated with them.



We would encourage parents who are not as confident in the water, but have children keen to be in competition to join the Officials team. The dates for the Officials course will be advertised in the weekly newsletters and on our website.

## Carnival Events

Water	Wade	U8 only
	Wade relay	U 8 only. 4 in a team.
	Surf race (Swim)	U9 to U14
	Surf team (Swim)	U9 to U 14. In Age Groups – 4 in a team
	Board race	U9 to U14.
	Board Relay	U 9 to U 14. In Age Groups – 3 in a team.
	Board Rescue	U11 to u14. In Age Groups – 2 in team
	Cameron Relay	U11 to U14. Sometimes mixed and usually 4 to a team. 1 swimmer/1 board/2 runners
	Buchanan Relay	Mixed age (6 in team), wade, swim, board.
	Iron person	U11 to U14. Swim – Board – Run
	All Age Board relay	U9 to U14. One competitor from each age group – mixed.
	Beach	Flags
Sprint		All Age groups.
Sprint relay		In age groups. 4 in a team
All Age relay		U8 to U14. One competitor from each age Group – mixed.

## March Past

The March Past event comprises teams of twelve members who carry a small surf reel in a display formation around the Carnival arena and is judged in a similar way to diving or gymnastics i.e. point deducted for mistakes. Being a team event, it requires commitment from the team members. Team members need to be available for training outside the normal nipper Sunday morning activities, this is normally done after Nippers on a Sunday.

Members march to music and are dressed in the March past bathers. The team captain is at the front of the team and carries the club flag. It is a good team activity for the full range of members, however they must have completed their Competitive Skills evaluation.

A coach is available and there is a range of competitions throughout the season, culminating in the State Championships.



## Cost Reimbursement

Maroubra Nippers has a cost reimbursement policy which covers cost of board training attended during Nippers season only and 1 month swim fees. To qualify for this reimbursement the following criteria have been set:

- have minimum 80% attendance at Nippers,
- attend 80% of the user pays Competition board training run during Nippers season (Oct – Mar),
- attend 4 out of 5 of the nominated Nippers Carnivals (Cronulla, Randwick Shield, South Maroubra, Branch, State),
- Compete in the board and surf events at these Carnivals.

These costs will be reimbursed at the end of the season on submission of original receipts. Final decision on whether criteria has been met is at the discretion of the committee and their decision is final.

## Age Champion / Championship Days

In order to recognise our most consistent performers, an Age Champion will be awarded for each age group (Girls and Boys) from U8's and above. This award will be based on a point score system as detailed below.

3 Championship days will be held during the season. All nippers are encouraged to compete in these friendly races. These events not only go towards the Age Champion Award but will also help to prepare our Nippers for a competitive environment and give great life skills experience. Points will be allocated as per the table below and consist of the following events, run under competition rules:

	Points per event
First place	6
Second place	5
Third place	4
Fourth place	3
Fifth place	2
Sixth place	1

U8's age group	U9 – U14's
Flags	Flags
Sprint	Sprint
Wade	Board
	Swim

A pre-requisite for the Age Champion Award is 80% attendance at Nippers and completion of Age group awards.



## Development Camps

Sydney Branch runs development camps for U11 and U13 age groups each year with places for 9 Maroubra Nippers at each camp.

Age Managers will nominate children to attend these camps, based on:

- General attitude, behaviour and participation at Nippers.
- Attendance at Nippers.
- Completion of Surf Education awards.
- Expectation of continuing in Nippers and into life-saving.

There is a high expectation of behaviour and participation at these development camps.

## End of season Presentation

Maroubra Nippers has an end of season presentation for all age groups. The date and time will be announced in the weekly newsletter and on the website. At the presentation night the following awards will be given:

- U14's Graduation.
- Age group awards (U11 and above who have completed all Surf Education awards including CPR and Emergency Care certificates where appropriate).
- Surf Education Certificates (all age groups).
- Age group medals (all age groups).
- Age Champion Award (U8's and above, based on Championship Day point scores)
- Age Club Award (U8's and above)

The **Age Club Award** for each age group is nominated by the Age Manager and approved by the committee and is awarded to an individual who has demonstrated the values of Maroubra Nippers (participation, commitment, enjoyment) through their behaviour and attitude which can include participating in club activities and carnivals, achievement of Surf Education awards and sportsmanship.

Please note that 80% attendance at Nippers is required to receive Surf Education Awards. This event will be held at the Seals club and include finger food and entertainment. The whole family is invited. Date will be announced in weekly newsletter and on the website.



## Maroubra Nippers Costumes

We supply a range of club costumes for purchase at registration days and during the season as per the list below. We encourage children to wear club costumes at normal Sunday nippers as it enhances their feeling of belonging to the club. Children who compete at Carnivals must wear club costumes.

A new range of costumes is being launched in the 2011-2012 season with a more modern design, which we believe the children will enjoy wearing. Children can wear the old or new design to carnivals. This costume design will be our team / club costumes for the next three seasons

Costume	Sizes	Cost
Girls one piece	Girls 6, 8, 10, 12,14 and Ladies 8, 10,12	\$ 55
Girls two piece	Girls 10, 12 and Ladies 8 and 10	\$ 65
Girls bike pants	Ladies 8	\$ 50
Boys cossies	Boys 6, 8, 10, 12,14, 16 and Mens 16, 18.	\$ 35
Racing singlet	8,10,12,14,16,18	\$ 35
Boys Swimming shorts	Boys 8, 10, 12, 14 and Mens 16	\$ 50

Pictures of the new costume can be viewed on the new website under the "Merchandise" tab. Please contact the Clothing co-ordinator for more information.

## Parent Involvement

Maroubra Nippers is a family club and we greatly encourage and need parents to get involved to help Nippers run as smoothly and safely as possible and enhance the experience for your children and also for yourself. There is a range of opportunities to get involved as detailed below:

### ➤ **Age Managers**

These volunteers take care and guide their age groups on a Sunday morning, most being Nippers parents themselves. They are responsible for encouraging the children of their age group to participate, enjoy and co-operate in all activities at the club. Age Managers must hold a Bronze Medallion and complete the SLSA Age Manager Award. This course is run annually.

The Age Manager is recognisable as they wear a shirt in the same colour as their Age Group Nipper caps.



## ➤ **Water Safety**

These volunteers hold either a Bronze Medallion or Surf Rescue Certificate and are recognisable as they wear the orange rash vest and cap. There are strict guidelines on the ratio of water safety to children in the water, so it is very important that we have a large number of parents who take on this challenge. Maroubra Surf club facilitates this by running a number of Bronze Medallion courses over the season and we encourage parents to have a go. Every year dozens of parents complete the Bronze Medallion course. If you are interested please talk to your Age Manager or a committee member for more information. Completing the Bronze Medallion not only gives a lot of personal satisfaction but also opens up the door to further involvement and awards within the Surf Club. Dates for courses will be advertised in the weekly newsletter and on the website.

Please note that only Bronze medallion or SRC holders can enter the water with the children during Nippers activities. There can be no exceptions to this rule

## ➤ **Carnival Official**

As part of the Carnival requirements, our club must provide an official for every 10 competitors registered for a carnival. Becoming an official is a great way to become involved as a parent and have a good vantage point of the competition (you can be an official in the area for your child's age group). To become an official you must attend a 1 day Officials course, which is run to explain the competitive arenas and rules associated with them. We encourage parents who may not be as confident in the water, but have children keen to be in competition to join the Officials team. The dates for the Officials course will be advertised in the weekly newsletters and on our website. **Without officials from Maroubra Nippers we are limited to numbers of competitors entries at carnivals**

## ➤ **Beach setup / Beach Clean-up**

The parents of each age group will be rostered on to help with beach setup / beach clean up, once per season. As more hands make this work easier, anyone can turn from 8:15 am up to lend a hand.

## ➤ **BBQ**

The weekly BBQ held after Nippers is not only a great fundraiser for the club but also provides a great service for tired and hungry kids and parents. We ask each age group to help out once per season in BBQ set-up and serving.

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We have a dedicated team of volunteers who collect rolls, sausages, eggs, bacon etc in the morning and then run the BBQ every week. We need more people to help out with this – if you are interested please contact our BBQ personnel or any committee member.

➤ **Parent helper**

All Age managers need help on the beach with organising the children, setting up flags, sorting the kids into groups, staying with children not entering the water, ensuring children stay as a group etc. No special qualification are required to help with beach activities but having a number of parents to help in this way, makes it easier for the Age Manager and enhances the experience for the children. Please make yourself known to your age manager if you would like to help out regularly and we can ensure that the relevant documentation is completed.

We do require that all helpers (Age Managers, water safety and “parent helpers”) complete ‘Prohibitive employment Declaration under the “Working with Children” provisions of the Commission for Children and Young Peoples Act 1998. Available on the website or on registration days.

➤ **Committee Member**

Maroubra Nippers is run by the Junior Development Committee. There are a number of nominated positions on the committee but we encourage any parent who is interested in joining the committee to come along and lend a hand. We are always open to new ideas and any help offered. We meet once per month during the season. Please contact any committee member if you are interested.

➤ **Sponsors**

Maroubra Nippers is principally reliant on the generous donations from sponsors for its financial wellbeing. Money from sponsors enables the club to function and purchase essential equipment for Nippers. Please support our sponsors, all of whom are listed on our website and weekly newsletters.

If you would like to Sponsor Maroubra Nippers please contact the Director of Junior Development.

All donations are 100% tax deductible

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➤ **Raffle**

Maroubra Nippers runs a raffle through out the season to raise funds to purchase equipment, support the Presentation Night and the Xmas Party. We receive items to raffle from our wonderful sponsors but need help to sell raffle tickets on the day. If you have skills in this area and can volunteer to help us, please contact a committee member.

**If you can help with donations please contact your age manager or committee member**

## **Communication**

Maroubra Nippers uses a range of tools to communicate to Nippers families over the season:

Website: [www.maroubranippers.com.au](http://www.maroubranippers.com.au)

Weekly Newsletters: emailed to your nominated account.

SMS: To your nominated mobile phone – used for urgent messages and reminders.

If your contact details change or you are not receiving SMS or emails, please send us an email us with your child's name, age group and any necessary changes.

Maroubra Nippers can be contacted through email [info@maroubranippers.com.au](mailto:info@maroubranippers.com.au) or talk to your Age Manager or committee member.



## Age Managers (TBC)

Age Group	Boys	Girls
Under 6	Tim Murray + NEW	Tim Murray + NEW
Under 7	TBA	Brad Parkes Dragan Veleslavic
Under 8	Tim Murray	TBA
Under 9	Glenn Goldrick Bryce Hession	Andrew Thambyah Lucas Delucyk
Under 10	Ron Glasel Bruce Bevan Richard Lissenden	Marc Bessant AJ Paine
Under 11	Marc Glekis	Marie Peterson
Under 12	Danny Donohoe David Whittaker	Sarah Goldrick
Under 13	George Benhayon	Chris Rich Annette Solomonson
Under 14	Paul Scullion	Ray Harper Anita Peeti

## Junior Development Committee

Director of Junior Development	Danny Donohoe
Junior Development secretary	Tracy Whittaker
Junior Development treasurer	Kylie Heussner
Water Safety Co-ordinator	Anthony El-Chah
Membership registrar	Sarah Goldrick
Publicity officer	Linda Hession
Carnival co-ordinator	Diana Harper
Gear Steward	Paul Scullion
BBQ Co-ordinator	Alexander Luxford / Joyita Lewis / Steve Lewis
Branch Representative	Bruce Bevan
Age Manager coordinator	George Benhayon
Water training officer	Anthony El-Chah
Development camp coordinator	Marc Glekis
Clothing co-ordinator	Yvette Picthall
Training co-ordinators	Tracy Whittaker / Diana Harper
Point score co-ordinator	Diana Harper
Beach co-ordinator	Jason Peterson / Paul Scullion



**Disclaimer:** This information booklet is meant as a guide to parents and though all care has been taken to ensure that the information in this book is correct at time of press, Maroubra Nippers committee takes no responsibility for omissions or errors.

## **Attachment 1: Code of Conduct (Adapted from Australian Sports Fair Play Code of Conduct)**

### **Parents Code**

- Do not force an unwilling child to participate.
- Children are involved for their enjoyment, not yours.
- Encourage children to play by the rules.
- Encourage the effort being as important as the result.
- Work towards improving skills and sportsmanship.
- Do not yell or abuse a child for making a mistake.
- Recognise and encourage good play or efforts.
- Recognise efforts of volunteer Age Managers, trainers, Water Safety and Committee Members. They are not there to be abused or harassed. They are doing their best for your children.

### **Participants Code**

- Play to enjoy the sport
- Follow the rules.
- Control your temper and be a good sport.
- Treat other participants as you like to be treated.
- Encourage all in your team.
- Listen to your Age Manager, Water Safety and trainers.

### **Age Manager Code**

- Make sure the opportunity for participation is available for all children.
- Encourage participation for the fun of it
- Teach participants the rules for their safety.
- Avoid encouraging and rewarding only the talented children. All children deserve equal encouragement.
- Follow club team selection recommendations for competitive carnivals.

**If you have any issues with the conduct of any child, age manager or other representative of Maroubra Nippers, please contact your Age Manager in the**

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first instance. If this is not appropriate, please contact the Director of Junior Development directly



## Attachment 2: Nippers Carnival Guide

Nippers Carnivals allow children to compete against other Surf Clubs. These can be a lot of fun, but it is very important to be prepared.

Maroubra Nippers will put up a Maroubra tent at all Carnivals, which will be the nominated meeting place. Look out for the Maroubra Flags.

The following is a checklist of things to bring for you and your child/ren for nippers carnivals:

- Maroubra Nippers cap (required to compete)
- Maroubra Nippers cossies.
- Sunscreen and zinc
- Goggles for surf events
- Hat / Cap with peak or brim to keep the sun off.
- Thongs, crocs, sandals or similar in case the sand is hot.
- Long sleeve shirt for added sun protection.
- Jumper/jacket and track suit pants for cold days and after water events.
- Towels
- Water and drinks
- Snacks
- Lunch if required – many time carnivals can extend past lunchtime, otherwise lunch could be purchased close by (often BBQ's are run by hosting club).
- Wet weather gear.
- Portable chairs
- Money to purchase food, drinks etc
- Patience.

**Competition Board** – Boards can be signed out from the club the week before the event and brought with you to the Carnival. On some occasions the club trailer will bring the boards to the event.

**Parking** – Always allow time to find parking at these events.

**Arrival** – Should plan to arrive at least ½ hour before the marshalling time of your child's first event. Meeting time will be included on Carnival Program. Children need to have their registration marked off and number written on their arm or arm bands attached.

**Co-ordination** – The nominated team / age manager will then guide you and your children throughout the carnival. Keep their mobile number handy to contact if required. It helps if the age team stays together as events could be called at times different to the schedule.

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**If unable to attend carnival at last minute, please contact the team / age manager as soon as possible as this could affect team events which will need to be rearranged.**

There can be a lot of waiting around between events at Carnivals, which can be frustrating for parents but provides an opportunity for the children to interact with the other children in the various age groups. We encourage the children to support other team members when they compete which promotes a fantastic team spirit and is a wonderful introduction to competition for younger members.